

Ducklings Daily Program



Time	Activity
06:30am - 8am	Children arrive/free play (Diaper checks)
8am - 8:30am	Breakfast/Bottle feed/diaper change
8:30am – 10am	Nap time
10am – 10:45	Planned activities/diaper change
11am – 12pm	Fine motor/messy play outside.
12pm	Lunch and bottle feeding
12:30pm – 2pm	Nap time
2pm – 2:30pm	Diaper checks
3pm – 4pm	Snack time and free play
4pm	Diaper checks/nap time
5:30pm	Home time

This is a basic idea of our Daily routine for our Duckling group.

Times may vary during the course of the day due to some nappies in need of changing before the time and babies that have different nap times.