

# Starlings Daily Program



Time	Activity
06:30am - 8am	Children arrive/free play (Wash hands)
8am - 8:15am	Breakfast/ diaper change, wash hands
8:30am – 9:30am	Morning ring and Theme related activities
9:45am 10am	Wash hands, Snack time
10am -11am	Free play Outside.
11am – 12pm	Fine motor activities inside classroom
12pm – 12:20	Washing of hands and lunch time
12:20 – 12:30	Diaper checks and washing hands
12:30 – 3pm	Nap time
3pm	Wake up time, Diaper checks
3:15pm – Home Time	Snack time, Free play until home time

This is a basic idea of our Daily routine for our Starling group.

Times may vary during the course of the day due to some nappies in need of changing before the time and friends that doesn't sleep the whole nap time.